

Q & A: The Five Unit Principles
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WOW Wednesday
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The Five Unity Principles are used in most Unity Churches. While each church will use slightly different wording, but the meaning is not lost or changed.

It is easy to say these Principles by rote but not connect with the deep spiritual support they are meant to offer.

We all relate to words differently. Sometimes you have to rephrase something to make it accessible to your way of thinking. Interestingly, once you gain an insight, your thinking or perception might change.

Tonight's simple exercise will help you discover you own relationship with the Five Principles.

The Q & A will take us through 3 steps:

1. Examine how we express the Five Principles here at Spiritual Life Center.
2. Explore the original version of each Principle and see if it changes the meaning for you.
 - a. Do you relate to be more or less?
 - b. Discover your own meaning.
3. Using your own words, write your version of the Five Principles.

I hope this exercise will help you gain insight into ways of using the Principles to open your consciousness up to the Divine that is within you.

May the joys of the world go with you.

Rev. Deborah

What we say:

God is Absolute Good,
everywhere present.

God is Absolute Good,
everywhere present.

How I would say it:

What we say:

People are
inherently good.

Human Beings have a
spark of divinity within.
Their very essence is of
God and therefore they
are also inherently good.

How I would say it:

What we say:

Thoughts create our experiences.

Human beings create their experiences by the activity of their thinking. Everything in the manifest realm has its beginning in thoughts.

How I would say it:

What we say:

Prayer and meditation
are how we
connect with God.

Prayer is creative
thinking that heightens
the connection with
God-Mind and therefore
brings forth wisdom,
healing, prosperity,
and everything good.

How I would say it:

What we say:

We must take action.

Knowing & understanding
the laws of life, also called
Truth, are not enough.
A person must also
live the truth that
he or she knows.

How I would say it:
