

**HOUSING RESOURCES**

**Sacramento County Homeless Housing Programs:**

Access to Next Move Homeless Services' Permanent Supportive Housing programs as well as other county programs are through county referral only. In order to start the process please **call 2-1-1** (1-800-500-4931 or 916-498-1000). They will ask you some questions about your situation, and if you qualify, they will schedule you for an appointment at an Access Point for an assessment.

**Sacramento Housing and Redevelopment Agency:**

In order to apply for housing through SHRA, please visit [www.sacwaitlist.com](http://www.sacwaitlist.com)

**Sacramento Self-Help Housing:**

Housing Referrals & Shared Housing call **916-341-0593**

**Mercy Housing:**

Each Mercy Housing community has its own leasing office and its own application process. Find a list of communities and search by city by visiting [www.mercyhousing.org/find-housing](http://www.mercyhousing.org/find-housing)

**Mutual Housing:**

Mutual Housing owns and operated 19 affordable housing communities in Sacramento and Yolo County. To find a list of Mutual Housing Communities please visit [www.mutualhousing.com/find-housing](http://www.mutualhousing.com/find-housing) and click on "List of Mutual Housing Communities."

**Notes:**

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**Street Sheet**

Revised: February 22nd, 2022

**A PROGRAM OF NEXT MOVE HOMELESS SERVICES**

**1422 C Street**

**Sacramento CA 95814**

**(916) 443-2646**

**Francishouse@nextmovesacramento.org**

<https://www.nextmovesacramento.org/francis-house-center/>

**Hours of Operation:**

Monday, Tuesday, Thursday and Friday – Francis House is not open on Wednesday.

9:00 AM – 12:00 PM and 1:00 PM – 3:00 PM

**Direct Services:**

Monday, Tuesday, Thursday and Friday 9:00 AM – 12:00 PM

Doors open exactly at 9:00 AM. Clients will be expected to fill out a short daily intake, and service order will be based on the requested service.

**DMV Voucher for CA-ID:**

Please bring documentation with your name on it showing you are currently receiving government benefits (i.e. EBT card, MediCal card, Notice of Action/DHA printout, Social Security award letter) to be eligible for a reduced fee voucher.

**Bus Pass:**

One bus pass is given every seven days for verifiable medical, dental, or court appointments. Verifiable meaning a written, email, text or voicemail confirmation of the appointment.

**Hygiene Kits:**

Essential toiletry items are available upon request during normal hours of operation.

**Clothing Donation Center:**

Must have a Valid ID to enter. Up to 10 items per visit, one visit per calendar month. Open Mon/Tues/Thurs/Fri from 9:00 AM – 12:00 PM.

**Special Advocates (Not available during COVID):**

- Veterans' Advocate on site Thursdays from 9:00 AM – 11 AM.
- Notary available Thursdays by APPOINTMENT ONLY.

*Additional services available at Francis House Center:*

**Diversion Program: NOTE: THE DIVERSION PROGRAM WILL NOT BE AVAILABLE UNTIL JULY OF 2022.**

This program provides assistance with utilities, first month's rent, or eviction avoidance to low income families.

**Homeless Verification and Birth Certificate Affidavits for Homeless Individuals:**

Francis House Center does not currently verify homelessness as a 3<sup>rd</sup> Party. Birth certificate fee waiver affidavits are available to any homeless individual who can provide 3<sup>rd</sup> Party verification or proof of currently living in a homeless shelter.

**"New Eyes" Eye Glass Voucher Program:**

Low income and homeless individuals are eligible to receive one free pair of eyeglasses per year.

You must be able to provide:

- A recent eyeglass prescription from the last 12 months
- Your pupillary distance measurement
- Proof of income

*Please e-mail or call to schedule an appointment.*

**Open Resource Lab:**

Tuesdays and Thursday, 9am-12pm. The computer lab is open to any adults who enroll and offers access to the internet, printing for necessary documents, and staff support with basic questions.

**211 Care Coordination:**

Tuesday/Thursdays 9am-12pm Client-centered case management for connecting with resources. By appointment or referral only.

**Free Covid-19 Testing through SwiftCheck:**

Tuesdays 9am-12pm. Rapid tests and PCR tests are provided at no cost by walk-up. May require CA ID.

**Lifeline Program phones through SafeLink Wireless:**

Every other Thursday, available in the FHC parking lot. May require CA-ID and not having received a Lifeline phone within 12 months.

**MOTEL VOUCHERS**

**CalWORKS:**

The CalWORKs Homeless Assistance (HA) Program was established to help families in the CalWORKs program with emergency shelter when a family is experiencing homelessness. CalWORKs HA program serves eligible CalWORKs recipients or apparently eligible CalWORKs applicants, who are homeless or at risk of homelessness. CalWORKs Temporary HA can provide payments for temporary shelter for up to 16 days. Families experiencing homelessness should go into a DHA office (except 1725 28<sup>th</sup> Street) to get assessed for Homeless Assistance.

**North**

- Research- 3960 Research Drive, Sacramento CA, 95838
- North Highlands- 5747 Watt Ave, North Highlands, CA 95660

**Central**

- Fulton- 2700 Fulton Ave, Sacramento, CA 95821
- Rancho Cordova- 10013 Folsom Blvd, Rancho Cordova, CA 95827

**South**

- Susie Gaines Mitchell- 2450 Florin Rd, Sacramento, CA 95822
- Galt- 210 North Lincoln Way, Galt, CA 95632

**The Salvation Army:**

**916-678-4010**

Motel vouchers are available once per year and eligibility is based on need, place of residence, income and hardship of individuals or families. No walk-ins, call for intake and eligibility.

**Traveler's Aid:**

**916-399-9646**

Provides motel vouchers to homeless families with minor children in crisis. Must have a monthly income. Telephone only, no walk-ins.

**FAMILY SERVICES**

**Child Abuse Prevention Center:**

**916-244-1900**

Safe Sleep Baby  
Every Smile Counts

**Sacramento Crisis Nursery:**

4533 Pasadena Ave. **916-679-3600**

6699 South Land Park Drive **916-394-2000**

24HR family strengthening program where parents can bring their children, newborn through age five for emergency child care for overnight care during stressful or difficult times.

**Sacramento Advocacy for Family Empowerment:**

**916-855-5427**

720 HOWE AVENUE, SUITE 108

Mental health, advocacy & support services to families and youth, free cost. They facilitate a Teen Co-Ed group, Teen Anger Management Group, and Two Family Support Groups (one is Spanish speaking).

**LGBT**

**Drop-In Centers**

**LGBTQ Drop in Centers (Adults)**

**916-442-0185**

**LGBTQ Drop In Center (Youth)**

**916-442-0185**

**Ripple**

**916-807-7305**

Church for all, MON-FRI 1PM-7PM/SUN 11AM-3PM

**SUPPORT**

**Parents, Family, and Friends of Lesbians and Gays**

**916-978-0410**

[www.pflagsacramento.org](http://www.pflagsacramento.org)

**Transgender Suicide support hotline**

**877-565-8860**

<https://www.translifeline.org>

**Family/Friends**

**Up Lift Family Services**

**916-921-0828**

<https://upliftfs.org>

Child and family team facilitation program, transitional housing program, psychiatric services, outpatient mental health services.

**SHELTERS**

**Emergency Family Shelters (Next Move and VOA):**

To make a reservation for the Next Move or VOA Family Shelter's please visit <https://dhaservices.saccounty.net/efs>.

**Mather Singles Shelter:**

10626 Schirra Avenue Mather, CA 95655

Self-present on Wednesdays between 9am and 11am for eligibility assessment. Ages 18-65. Must be able to walk up two flights of stairs. Must be drug & alcohol free.

**Union Gospel Mission (Men ONLY):**

400 Bannon St

**916-447-3268**

5:30-6 P.M. BED SIGN UP 1<sup>ST</sup> COME 1<sup>ST</sup> SERVE

Men's Drug & Alcohol Recovery Program – 9 Month Residential Program

Intake Hours: M-Th 10:00-11:00am and 1:00-2:00pm

**Family Promise:**

**916-443-3107**

Committed to helping low-income families achieve lasting independence. 90 Day Program (Families ONLY), will accept boys 14+. Must be working or willing to work, assessment via calling.

**First Step Communities:**

**916-822-4900**

1400 North A Street, Sacramento, CA 95811

Walk-ins Only for Waitlist

M-F 8A.M.-9P.M./Weekends 1:30P.M.-10P.M.-temporarily closed.

**St. John's Program for Real Change:**

Vocational Training Program: residential shelter, mental health, AOD, & educational service for single women or women w/ children.

Call for waitlist **916-453-1482**

Mental Health Respite Program: 7-day respite for single women or women with children currently experiencing a mental health crisis.

Call for assessment **916-383-1804**

**Wind Youth Services:**

**916-504-3313**

Emergency shelter for youth (18-24 yrs. Old)

Drop-in Center (homeless 12-24 yrs. Old). Everyday 7A.M.-3P.M. Other services provided: street outreach on Wednesdays, case management, mental health referrals, CA-ID vouchers

**Meadowview Women's Shelter:**

**916-413-5226**

Self-refer for eligibility and intake by calling

**DAY SHELTER / HOSPITALITY CENTERS**

**Friendship Park (Loaves and Fishes):** 916-443-7378  
N. C Street. : 7am-2pm  
A private park providing activities, information, restroom facilities, & etc.

**Maryhouse (Loaves and Fishes):** 916-446-4961  
1321 N. C Street. : 7am-2pm  
A daytime shelter for women and children.

**Midtown HART Respite Centers**  
**St. Johns Lutheran Church.** 1701 L Street  
Open EVERY TUESDAY from 9:30A.M. – 12:30P.M. A place to warm up, get coffee, and charge your phone.  
**Trinity Cathedral** 2620 Capitol Avenue  
Every Friday 9:30 AM-12:30 PM

**DOMESTIC VIOLENCE SHELTERS AND SUPPORT**

**My Sisters House:** (Office) 916-930-0626  
**24HR Multilingual Help Line** (Crisis Line) 916-428-3271  
Safe haven and transitional house for Asian and Pacific Islander women and children impacted by domestic violence and human trafficking; Women to Work Program is for domestic violence survivors of all ethnicities.

**WEAVE:** 1900 K St.  
**24HR Crisis Line** 916-920-2952  
Free walk-in triage assessment for abused and batter women & children. Crisis counseling, safe houses for women and children.

**A Community for Peace 24Hour Crisis Line:** 916-728-7210

**National Domestic Violence Hotline:** 1-800-799-7233

**DAILY NEEDS SERVICES**

**CLOTHING:**

**Union Gospel Mission (Men’s)** 916-447-3268  
400 Bannon Street Sacramento 95811  
Men’s clothing closet and showers. M-Th 9-11am AM, 1-2:45pm.

**Union Gospel Mission (Women’s)** 916-447-3268  
400 Bannon Street Sacramento 95811  
Women’s clothing closet, bible study included. Thursday, 9am-12pm.

**MISCELLANEOUS SERVICES**

**Sacramento County Veterans Office:** 916-874-6811  
3970 Research Dr. Sacramento 95838  
Walk in Mon-Thurs 8A.M.-4P.M. / Fri 9:30A.M. – 4P.M.  
Counseling, claim dev., advocacy, benefit entitlement, etc.

**Nation’s Finest Sacramento:** 916-393-8387  
7270 E. Southgate Dr. Sacramento 95823  
Employment Counseling & Training, Supportive Housing, and Homeless Prevention

**Associated Prison Ministries of California:** 916-581-0021  
By Appointments Only  
Transitional services for the incarcerated, formerly incarcerated, and families.

**Legal Services of Northern California:** 916-551-2150  
Mon-Fri 8:30A.M.-12P.M. & 1P.M.-5P.M.  
Problems with public benefits, landlord, tenant; Call for appointment.

**Senior Legal Hotline (Sacramento County Only)** 916-551-2140  
444 N. 3rd St. suite 312

**Senior Hotline** 1-800-222-1753  
Free legal services for seniors and individuals who are low income.

**Womens Empowerment Program:** 916-669-2307  
Mon-Fri 8:30A.M.-4:30P.M.  
Eight-week program for homeless women to develop job skills and personal strengths.

**Disability Action Advocate:** 916-838-7001  
(CALL TO MAKE APPOINTMENT)

**Assistance with applying for SSI/SSDI** 1-877-322-1044

**Sacramento Works Job Centers:**  
Call for the nearest location 916-263-3800

**Gender Health Center:** 916-455-2391  
2020 29TH St. #201  
genderhealthcenter.org  
Programs, advocacy, and counseling for LBGT.

**CA Department of Rehabilitation:**  
(call for the nearest location) 916-558-5300  
Free services to help the disabled work and live independently.

**COUNSELING CENTERS**

**A Community for Peace:** 916-728-5613  
Phone/Zoom Appointment  
Call to make Appointment

**Harmony House Crisis Line:** 916-728-7210

**Wellspace Health Counseling:** 916-737-5555  
Mon-Fri 8A.M.-5P.M.  
Scale fee, A&D counseling, group counseling, and HIV test by appointment.

**Community Against Sexual Harm (CASH):** 916-856-2900  
cashesac.org  
Help for trafficked and sexually exploited women. Peer Support & Harm Reduction

**Sacramento Food Bank & Family Services** 916-456-1980  
3333 3<sup>rd</sup> Avenue Sacramento 95817  
Clothing Program and JobSmart program available by appointment only.

**HOT MEALS:**

**Francis House Center** 916-443-2646  
1422 C St  
Tuesdays/Thursdays. Meal served at 10AM-  
First come, first served. Approximately 20 meals available.

**Loaves and Fishes:** 916-446-0874  
1321 N. C. St  
Meals provided Mon-Fri 11:30A.M.-1P.M., Sat & Sun 11AM.-12:30P.M.

**St. Ignatius Loyola Parish:** 916-482-9666  
3235 Arden Way Sacramento 95825  
Meals served 6 PM-10 PM on the last Wednesday of the month.

**St. Vincente de Paul:** 916-781-3303  
105 Bonita Ave  
Tuesday, Wednesday, Thursday 12P.M-1:30P.M.  
Sunday, Saturday 2:30P.M.-4P.M.

**Union Gospel Mission:** 916-447-3268  
400 Bannon St. (North B St. at 12<sup>th</sup>)  
No Requirements needed  
Everyday 7:30P.M.

**PANTRIES & DISTRIBUTIONS**

**Midtown Pantry** 1617 25<sup>th</sup> Street  
**Midtown Mini Fridge** 1322 F Street  
**Oak Park Fridge** 4200 4<sup>th</sup> Street

**Sacramento Food Bank & Family Services** 916-456-1980  
3333 3<sup>rd</sup> Avenue Sacramento 95817  
Various distributions through Sacramento. Visit:  
<https://www.sacramentofoodbank.org/find-food>

**SHOWERS**

**Show Up Sacramento (Mobile Showers)**  
116 N. 16<sup>th</sup> Street (Pipeworks)- Wednesdays, 11am-4pm.  
22<sup>nd</sup> & J Street (First United Methodist)- Tuesdays, 8am-12pm.

## HEALTH SERVICES

### MENTAL HEALTH SUPPORT

**Guest House Homeless Clinic (El Hogar):** 916-440-1500  
600 Bercut Dr. Sacramento 95811  
[www.elhogarinc.org/guest-house-homelessclinic/](http://www.elhogarinc.org/guest-house-homelessclinic/)  
Outpatient medication and mental health support services to adults experiencing homelessness and struggling with mental health challenges.

**Sacramento County Mental Health Services (No walk-ins):**  
**24HR** 916-875-1000  
**Crisis Line** 916-732-3637  
**Adult Services** 916-875-1055  
**Children's Services** 916-875-9980

**Hope Cooperative Respite Center** 916-737-7483  
Any Sacramento County resident at least 18 year old who is in mental health crisis (23-hour max stay). Transportation provided. Assess eligibility over phone.

**Wellness and Recovery Center (WRC)** 916-394-9195  
All activities and services currently Zoom-based.  
7171 Bowling Drive, STE 300, Sacramento  
<https://www.consumersselfhelp.org/>  
Groups and other Wellness Services MON-SAT 9AM-5PM  
Clinical Services (including psychiatry) MON-FRI 9AM-5PM

**Abiding Hope Respite Services** 916-287-4860  
<https://www.tpcp.org/programs/abiding-hope/>  
7-14 day respite facility for individuals 18+ with psychiatric disability.

**NAMI Sacramento:** 4625 44<sup>th</sup> Street  
<https://namisacramento.org/contact/> 916-890-5467  
Support for individuals coping with mental illness and their families. Offering crisis help, support groups, NAMI educational courses, and an extensive list of resources.

### HIV/AIDS SUPPORT

**Harm Reduction Services:** 916-456-4849  
Mon-Fri 12-6P.M. (walk-ins) 2800 Stockton Blvd.  
Free medical clinic most Saturdays 12-5P.M. (sign up at 12P.M. at 3647 40th St.

**Golden Rule Services:** 916-427-4653  
4433 Florin Rd. suite 860 [goldenruleservicesacramento.org](http://goldenruleservicesacramento.org)  
Mon-Fri 9A.M.-5P.M. (By appointment).  
Free HIV, STD & HEP C testing, needle exchange, condom distribution, and HIV prevention.

**One Community Care:** 916-443-3299  
1500 21<sup>st</sup> Street  
Provide HIV services, ensuring continued health care to patients after testing positive for HIV.

### GENERAL HEALTH

**Wellspring Women's Center:** 916-454-9688  
3414 4TH Ave. Sacramento 95817  
Drop in hospitality center for women and children. Nutritious breakfast and light lunch is served Monday through Friday from 8:30A.M. - 11:00 A.M. Diapers, Bus tickets, hygiene items and mail service may be available.

**Willow Medical Clinic:** 916-572-4502  
Phone Appointments Only  
Call to make appointment  
Medical help every Sat 9A.M.-1P.M., for homeless & uninsured, first come first served. (Current TB card required)

**Sacramento LGBTQ Community Center** 916-442-0185  
[www.saccenter.org](http://www.saccenter.org)  
1927 L St., Sacramento

### ADDICTION SUPPORT:

**Opioid Addiction Treatment Centers:**  
For more information, please contact one the following locations

**BAART Programs:**  
301 Harris Ave suite A 916-649-6793  
6127 Fair Oaks Blvd. 916-974-8090  
**MedMark Treatment Centers:**  
7240 East Southgate Dr. Suite G 916-391-4293